

***JV Skills Development Clinic***

***NOT GETTING ENOUGH ICE THIS WINTER PLAYING JV HOCKEY?????????***

This weekly program is designed for the JV hockey player who has limited practice times with his HS JV team and is looking for that extra ice time. Hat Trick Hockey looks to improve the individual skill set of players with an emphasis on skating, stick skills and game situations. Progression drills and quality repetitions are the key to developing stronger techniques and becoming a better player.

***SKILL SESSIONS INCLUDE:***

* **O**verspeed Skating Drills
* **E**dge-work – balance & strength
* **S**hooting and Passing
* **G**ame Situations
* **A**nd more………..

Players will work on a series of traditional and innovative exercises. This is a program for hockey players who are looking for the extra hour of weekly skills thru the winter season.

**WHERE:** Skate 3 Pavilion Tyngsboro, MA

**WHO:** age group 13 and up (junior high / high school)

**WHEN**: *SUNDAYS* starting December 16th @ 6:10pm (runs through February 24th)

**COST:** $175 for 11 week session or Walk-in for $30 per session if space is available

Make Check Payable to: **Hat-Trick Hockey or pay thru PayPal.**

Send Check to: **Hat-Trick Hockey**

**240 Jackson Street #308**

**Lowell, MA 01852**

***Challenge yourself to be better!!*****Sign up for all 11 weeks or Just show up to participate**.

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| **For More Information Contact Us** |

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| **Hat Trick Hockey**  **240 Jackson Street #308 Lowell, MA 01852  Phone:**[**508-498-1536**](http://click.icptrack.com/icp/relay.php?r=75681899&msgid=294523&act=WRGJ&c=1122420&destination=denied%3Atel%3A508-624-9192) **or 978-808-6684**  **Email:** [info@hattrick-hockey.com](mailto:info@hattrick-hockey.com)  **Web:** [www.hattrick-hockey.com](http://www.hattrick-hockey.com) |

*\*\* If interested in* ***PRIVATE or SMALL GROUP LESSONS*** *please contact* [*info@hattrick-hockey.com*](mailto:info@hattrick-hockey.com)*.*